



2008 Declutter Calendar

By

MySimplerLife



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Declutter Tips

Get a handle on your decluttering by using some of these tips:

- Keep a spot for a decluttered items box
- Do it now – don't procrastinate. A little at a time and you will be able to declutter.
- "In a sense, clutter is the end result of procrastination" - Jeff Campbell
- Remember you are making room in your life, for the life you want. Don't get stuck in the past.
- Find a great charity you'd love to support with your stuff.
- Pick a small time frame that you will work on your area every day (5-30 minutes)
- If the calendar day's area is already decluttered for you, or you don't have that area, then go back and finish any area that you missed
- What time of day works best for you?
- Picture the area you want to declutter, like you want it to look before working on it
- Have a back up time or day to declutter when you miss a day
- Invite a friend to declutter one day, and work on your friend's house the next weekend
- If you are sentimentally attached you can try miniturizing things – take buttons off Grandma's blouse, photograph the bookshelf your Dad built, create a quilt from scraps of your school play T-shirts
- Do you love it, use it or need it?
- Is it worth the space it is taking up?
- Does it fit? Does it work? Is it helpful for this stage of your life?
- If you aren't sure of something, hide it in a box for a few months. See how you feel then.
- Each time you declutter you are able to get rid of more things, so even if you don't get it all done in one swoop, next time you work on that area it will be easier.
- Don't bring anything else into the house unless you really need it, during this decluttering process.
- If you do buy something, get rid of something similar. One book in, one book out. One purse in, one purse out. One outfit in, one outfit out.
- To get ahead of the game, you can do one in and two out.
- Track your decluttering time or circle the areas you decluttered on this calendar so you can see your progress. Try adding gold stars or stickers to your calendar.
- Always leave a room better than you found it.
- If your stuff doesn't fit your space, you have too much stuff.

You can do this! You can have a more peaceful and serene home. And it takes less time and energy than you think. Just get started!

Warmly,

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January 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1 Decide on a daily declutter time	2 Set up a declutter zone with the boxes for decluttering	3 Toss dead houseplants	4 Get rid of one thing you no longer need	5 Return items you have borrowed
6 Monthly Habit: Declutter at least 5 minutes M-Sat	7 Go through your plates - any broken?	8 Clean out your fridge of spoiled food	9 Throw out expired condiments	10 Clean off the outside of your fridge	11 Organize your fridge by placing similar items together	12 Declutter under your kitchen sink
13 Take 5 deep breaths	14 Clear out old cosmetics	15 Organize cosmetics in trays or boxes	16 Discard old medications	17 Get rid of shampoos and products you aren't using	18 Declutter one shelf of books	19 Do one closet shelf of a closet that doesn't shut
20 Try something new	21 Declutter at least 5 items of clothing	22 Get rid of duplicate clothing	23 Declutter or put into storage clothes that don't fit	24 How many shoes do you need?	25 Go through one jewelry box	26 Clean out your underwear drawer
27 Wear fun clothes	28 Clean out a living room cabinet	29 Spend 15 min on your dining room table	30 Store or declutter some collectibles	31 Take care of obstacles on your stairs		

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February 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
					1 Declutter coats in coat closet	2 Get rid of ancient keys
3 Monthly Habit: Don't buy things at the spur of the moment	4 Clear and clean left kitchen counter	5 Clear and clean right kitchen counter	6 Clear and clean around the sink	7 Declutter cooking utensils	8 Store most used utensils by the stove	9 Declutter pots or pans that are in the stove
10 What motivates you?	11 Shred receipts you don't need	12 Organize receipts in expandable file holder	13 Or you can scan receipts	14 Have computer back ups that aren't at your home or office	15 Declutter one shelf of books	16 Recycle newspaper older than last week
17 What is important to you?	18 Clear off most items on the nightstand	19 Declutter nightstand drawer (s)	20 Clean under the bed	21 Vacuum under the bed	22 Store or declutter extra sheet sets	23 Have a hamper for dirty clothes
24 Write down your successes	25 Trade or give away DVD's	26 Turn CD's into MP3's	27 Give away or store most CD's	28 Sell or give away old records	29 Get MP3 versions of your tapes	Declutter tape collection

March 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
						1 Paint cans older than a year
2 Monthly Habit: Go thru mail daily	3 Declutter kitchen appliances & gadgets	4 Put seasonal kitchen gadgets in storage	5 Throw out old and duplicate spices	6 Divide your kitchen into work zones	7 Throw out expired food in pantry	8 Discard freezer burned food
9 Appreciate someone	10 Clean out your email box	11 Continue on your email box	12 Get to the bottom of your mail pile	13 Answer your unanswered letters	14 Return all phone calls	15 Go through 5 file folders
16 Take a nature hike	17 Declutter odd socks - sock puppets?	18 Clean off a bedroom shelf	19 Declutter kids' books	20 Update kids' bulletin boards	21 Pass on outgrown kids' toys	22 Get rid of outgrown kids' clothes
23 Turn off the computer for the day	24 Declutter a pile in the family room	25 Have everyone put their stuff away	26 Clear away a pile on the dining room floor	27 Declutter one drawer in the living room	28 Clear the top of the china cabinet	29 Vacuum the couch
30 Slow down	31 Declutter messiest room 5 minutes					

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April 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1 Declutter family launch pad	2 Part with some old notes and cards	3 Dump bad pictures	4 Simplify your cleaners	5 Throw out junk in basement
6 Monthly Habit: one in, one out rule	7 Sort junk drawer	8 Organize junk drawer	9 Clean out telephone center	10 Throw out recipes torn out of magazines that you won't use	11 Go through Tupperware cabinet	12 Declutter kitchen towels & oven mitts
13 Enjoy some alone time	14 Find bills and file together	15 Throw out pens that don't work	16 Go through perfume	17 Clear off bathroom counter	18 Throw out unused or old skin care products	19 Go through hair do dads
20 Fly a kite	21 Clear off bed	22 Declutter one bedroom closet shelf	23 Spend 15 minutes decluttering toys	24 Declutter homework area	25 Give away some books in bedroom	26 Clear off top of dresser
27 Play a game	28 Clear off living room table	29 Declutter a corner of the family room	30 Clear off the top of the entertainment center			

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May 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
				1 Go on a spending fast - only buying necessities	2 Spend 15 min on a hobby area	3 Spend 15 min on a hobby area
4 Monthly Habit: Get to bottom of email inbox daily	5 Declutter kitchen island	6 Declutter one kitchen cabinet	7 Toss old food in one kitchen cabinet	8 Clean out baking cabinet	9 Wash silverware drawer	10 Declutter pot cabinet
11 Give yourself a break	12 Delete unneeded computer documents	13 Declutter office supplies	14 Get rid of outdated reference items	15 Get to the bottom of your inbox	16 Go through 5 files	17 Sort one desk pile
18 Plan a weekend getaway	19 Declutter one dresser drawer	20 Declutter one dresser drawer	21 Declutter one dresser drawer	22 Declutter one dresser drawer	23 Declutter one dresser drawer	24 Declutter one dresser drawer
25 Look at the stars	26 Go through one end table	27 Give away extra blankets	28 Corral toys in family room	29 Declutter one shelf of books	30 Go through exercise equipment	31 Bring giveaway box to charity

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June 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1 Monthly Habit: Clean up the kitchen after every meal	2 Declutter and clean up garden tools	3 Go through tools	4 Declutter one shelf in linen closet	5 Declutter one shelf in linen closet	6 Organize linen closet	7 Organize photos into albums
8 Take funny pictures	9 Clean above the kitchen cabinets	10 Declutter one kitchen drawer	11 Declutter one kitchen drawer	12 Install a lid holder for pot lids	13 Label kitchen shelves	14 Have a fix it or get rid of it day
15 Swim	16 Clean out one bathroom drawer	17 Clean out one bathroom drawer	18 Clean off office bulletin board	19 Declutter one office shelf	20 Declutter one office shelf	21 Declutter one office shelf
22 Listen to music	23 Give away baseball caps and hats	24 Declutter one bedroom shelf	25 Give away computer games no longer played	26 Is your bedroom serene?	27 Declutter sewing basket	28 Create a home for things taken out of pockets daily
29 Take a walk	30 Give away magazines over a month old					

July 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1 Go through sports equipment	2 Declutter cleaning tote	3 Store suitcases inside one another	4 Declutter laundry area	5 Create one day a week for errands
6 Monthly Habit: Take 20 min for yourself daily	7 Declutter around microwave	8 Throw out old coupons	9 Sort coupons in a coupon holder	10 Clean out fridge	11 Clean on top of fridge	12 Dump old food from freezer
13 Play with a pet	14 Go through medicine cabinet	15 Update first aid kit	16 Clean under the bathroom sink	17 Declutter hair styling tools	18 Add a towel holder to the bathroom	19 Go through one desk drawer
20 Go out to dinner	21 Group clothes by color in closet	22 Will a closet organizer help your closet?	23 Declutter purses	24 Any clothes left to declutter?	25 Declutter one kid shelf	26 Help kids declutter their desks
27 Smile	28 Clean off coffee table	29 Get rid of some pet toys	30 Do you have too much furniture?	31 Clear off fireplace mantel or a shelf		

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August 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
					1 Sort garage for 15 minutes	2 Declutter garage for 15 minutes
3 Monthly Habit: Clean off desk every day	4 Use a drawer organizer on a kitchen drawer	5 Toss things with missing pieces	6 Would pull out shelves be helpful in your kitchen?	7 Have one spot for plastic bags - toss overflow	8 Hang up grocery list so everyone can add to it	9 Hang mops and brooms
10 Play croquet	11 Give away some books from one shelf	12 Go through one paper pile	13 Put tax files together	14 Schedule fewer things on calendar	15 Declutter a rolling cart	16 Go through 5 files
17 Watch a movie	18 Clean off kids dresser tops	19 Declutter one dresser drawer	20 Spend 15 minutes on kids closet	21 Spend 15 minutes on kids closet	22 Spend 15 minutes on kids closet	23 One hour of family cleaning, then fun
24 Take a bath	25 Clear off family room furniture	26 Put all laundry away	27 Declutter a drawer while watching TV	28 Spend 15 minutes decluttering your worst room	29 Label containers in basement	30 Declutter one dining room storage area
31 Call a friend						

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September 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Declutter holiday storage	2 Use color coding for holiday storage and label	3 Declutter around the front door	4 Do you need all the things on your walls?	5 Go through inherited items	6 Let go of some souvenirs
7 Monthly Habit: Clean out car every time you leave it	8 Declutter junk food	9 How does your kitchen flow?	10 Clear off left kitchen counter	11 Clear off right kitchen counter	12 Clean off message center	13 Declutter a kitchen drawer or cabinet
14 Refrain from complaining	15 Put virus scan on automatic scan	16 Ask for email newsletters instead of paper	17 Go through action files	18 Keep a take action file for paper things to do	19 Use one desk notebook for notes	20 Declutter purse or wallet
21 Read a novel	22 Remove work stuff from bedroom	23 Let go of worry before bed	24 Give back anything you are storing for someone else	25 Go through board games	26 What are you making room for?	27 Deep clean bedroom
28 Take a nap	29 Pick up family room floor	30 Corral remotes in a basket				

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October 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
			1 Save up for things, don't use credit	2 Declutter patio, deck or porch	3 What's out of place in your entry way?	4 Clean up your outdoor space
5 Monthly Habit: Make your bed daily	6 Take care of any funny kitchen smells	7 Declutter glasses and cups	8 Install cup hooks	9 Install vertical dividers in a cabinet for cookie sheets, etc.	10 What's out of place in your kitchen?	11 Label fridge and freezer shelves
12 Eat chocolate	13 Declutter beauty samples	14 Break down a project	15 Create a debt reduction plan	16 Remove some blog feeds	17 Get off email lists	18 Cancel magazine subscriptions
19 Plan a get together with friends	20 Pick up 21 things	21 Declutter noises	22 Unpack completely from trips	23 Catch up on laundry	24 What's out of place in your bedroom?	25 Declutter summer clothes
26 Watch home movies	27 Go through gift wrapping	28 Put gift wrap in a gift wrap holder	29 List things you would like to change in your home	30 Declutter under the couch	31 What's out of place in your family room?	

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November 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
						1 Persevere
2 Monthly Habit: Leave a room better than when you found it	3 How can your kitchen be more nurturing?	4 Go through your mail center	5 Declutter old maps	6 Recycle old telephone books	7 Work 15 minutes in the attic or basement	8 Take give away box to charity
9 Take a stretching break	10 Have a container for each person's toiletries	11 Declutter bath toys	12 Clean out one bathroom cabinet	13 Go through one paper pile	14 Clear off your computer desk top	15 Uninstall unneeded computer programs
16 Work on a puzzle	17 What do you see when you first wake up?	18 Spend 15 minutes decluttering craft area	19 Spend 15 minutes decluttering craft area	20 Declutter broken holiday lights	21 Buy less clutter for gifts	22 Declutter holiday decorations
23 Write to a friend	24 Cut out one television show a week	25 Find a home for something you are always searching for	26 Store a folded table behind the bookshelf for game night	27 Clean off shelf above the washer	28 Declutter whining and nagging	29 Clip magazine articles and store in binders
30 Do something creative						

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December 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
	1 Declutter a crowded holiday schedule	2 Take 5 holiday to do's off your list	3 Remove 4 decorations	4 Declutter last year's cards	5 Make sure entryway is passable	6 Take care of anything on your stairs
7 Monthly habit: Complete things	8 Cook from the pantry week	9 Empty freezer of old foods	10 Declutter 1 kitchen cabinet	11 Declutter 1 kitchen cabinet	12 Give away extra holiday dishes	13 Is there anything left to declutter in the kitchen?
14 Do a crossword puzzle	15 Update contacts	16 Go through 5 files	17 Declutter papers	18 Declutter more papers	19 Toss old holiday soaps	20 Work on any papers that are left
21 Drive to see the lights	22 Declutter kids toys	23 Spend 5 minutes in your worst room	24 Declutter electronic gadgets	25 Declutter extra holiday food	26 Give away unused outdoor winter sports equipment	27 Declutter party items
28 Go sledding	29 Return gifts you didn't want	30 Bring give away box to charity	31 Pat yourself on the back for how much you decluttered			

Even if you didn't declutter everything you wanted to, think how much you have gotten rid of this year. You did great!

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