

January 2008

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
		1 Decide on a daily declutter time	2 Set up a declutter zone with the boxes for decluttering	3 Toss dead houseplants	4 Get rid of one thing you no longer need	5 Return items you have borrowed
6 Monthly Habit: Declutter at least 5 minutes M-Sat	7 Go through your plates – any broken?	8 Clean out your fridge of spoiled food	9 Throw out expired condiments	10 Clean off the outside of your fridge	11 Organize your fridge by placing similar items together	12 Declutter under your kitchen sink
13 Take 5 deep breaths	14 Clear out old cosmetics	15 Organize cosmetics in trays or boxes	16 Discard old medications	17 Get rid of shampoos and products you aren't using	18 Declutter one shelf of books	19 Do one closet shelf of a closet that doesn't shut
20 Try something new	21 Declutter at least 5 items of clothing	22 Get rid of duplicate clothing	23 Declutter or put into storage clothes that don't fit	24 How many shoes do you need?	25 Go through one jewelry box	26 Clean out your underwear drawer
27 Wear fun clothes	28 Clean out a living room cabinet	29 Spend 15 min on your dining room table	30 Store or declutter some collectibles	31 Take care of obstacles on your stairs		

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